A Newsletter for Foreign Nationals

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2020.01

"Ota's Festival of Wa"

Koter glish

Familiarize yourself with Japanese culture by seeing, hearing, touching, experiencing, and being soothed by traditional culture and performing arts.





Details

(1) Viewing area

- Folk songs and dances of Ota City and national treasures
- Do you know the "three great folk songs" of Ota City? Omori Jinku, Hata-bushi, Senzoku Mugiuchi Uta Performers: Naoyuki Harada (folk song singer), Haneda Junior High School, and others
- 2 Living national treasure: Koto recital by Fumiko Yonekawa
- Enjoyment of Japanese culture
- Musical performance featuring Japanese instruments
 Performance calligraphy

(2) Hands-on workshops

Tea ceremony,* flower arrangement,* traditional Japanese music (koto, shamisen, shakuhachi, kotsuzumi, taiko), traditional Japanese dance,* and Japanese drums (wadaiko)*

* Application in advance is required for workshops marked with an asterisk.

(3) Other attractions

A "Wayu Hiroba" area will be set up for enjoyment of ninja performances, street performances, kabuki-style face painting, and Japanese games.

Time and date

10:00 am to 4:00 pm, Saturday, March 14, 2020

Place

Ota City Residents Plaza (3-1-3 Shimomaruko, Ota-ku) * Wearing shoes is prohibited in the gymnasium. Please bring slippers.

Inquiries

Ota City Cultural Promotion Association Ota City Cultural Promotion AssociationOta 03-3750-1611Fax 03-3750-1150Emailarts-ws@ota-bunka.or.jp From no experience to a vocation in nursing care! Nursing care is wonderful work that brings people smiles and happiness!

Shiyaruin Okawa (Philippines), Caregiver Kamata Nursing Home for Seniors, Ikegami Chojuen



I was unfamiliar with nursing care in my home country and had no idea what kind of work it entailed.

I had previously done different jobs, such as bed-making. But my father recommended nursing care, so I decided to give it a try. I had no experience whatsoever, so I didn't understand the terminology used in nursing care or what the Japanese caregivers around me were saying. My mentors taught me everything from scratch.

Also, if I didn't understand something, I asked instead of just trying to wing it.

I was constantly writing words I didn't know on sticky notes. I pasted the notes in my locker and took them down once I'd memorized them. I gradually grew accustomed to the work, and it became more and more enjoyable.

Now, the thing that gives me the most pleasure is seeing our facility's users smile. I think of them as my second family!

After three years, I obtained a nursing care certification (beginners' training) through follow-up provided by Ikegami Chojuen.

I want to continue my study and become certified through care practitioners' training!

Shiyaruin's schedule (when on the early shift)

8:15 am	Arrives at work
8:15 to 11:00 am	Rides a bus to pick up day service users
11:00 am to 12:15 pm	Does calisthenics and recreational activities with users
12:15 to 1:00 pm	Break
1:00 to 3:00 pm	Assists with toilet activities and bathing
3:00 pm	Prepares for users' snack time
3:00 to 4:30 pm	Prepares for users' return home and assists with toilet activities
4:30 to 5:00 pm	Writes the daily care record
5:00 pm	Leaves work

A message to everyone interested in work as a caregiver

Caregiving brightens facility users' mood and helps them spend time happily.

It is very rewarding work, as it can make people happy and smile.

I think anyone can do it if they are caring of others. But it might be not be suited for those who have a short temper (laughs).

Some foreigners are hesitant or give up because they can't speak Japanese. But even if there is a language barrier, it's not hard to convey your feelings in some way.

Of course, you have to study the Japanese used in nursing care. But rather than getting hung up on the language, I think it's more important to do your best! Shiyaruin doing a "Paprika" dance in an "O-chan" (Ota City's mascot) costume at the Hoppo Fureai Festival



We also spoke to Ms. Mayumi Furukawa (Japanese), head of Kamata Nursing Home for Seniors' administration office!

l've been watching Shiyaruin do her best ever since joining us. She studies what she doesn't understand and strives to fulfill her role. It must be hard to work in a place with a different language and culture. I think my role is to create a workplace that can meet the expectations of employees like Shiyaruin and to support them. I encourage everyone who has an interest in

nursing care work to give it a try.



Notice: Courses on "Japanese used in nursing care" for foreigners

Ota City is offering courses on "Japanese used in nursing care" at the Ota City Social Welfare Center (7-49-2 Nishi-Kamata, Ota-ku) for people who are interested in nursing care, who desire employment in nursing care, or who already work in nursing care but want to improve their skills. Two courses are offered. Participation in both is permitted.

	A. Introductory course	B. Recording and handover course	
Points covered	 What is nursing care work? Japanese used in nursing care (conversation, words, and expressions) Role-playing and visit to a nursing care facility 	 Writing and reading nursing care records Handover (information sharing) Role-playing 	
Schedule (total of 5 sessions)	January 25 and February 1, 8, 15, and 22 (every Saturday)		
	9:00 am to 12:00 noon	1:00 pm to 4:00 pm	
Participants must:	 Be a foreign national living, working, or attending school in Ota City Be interested in nursing care work Have Japanese-language ability of around the N4 level of the Japanese Language Proficiency Test 	 Be a foreign national who works at a nursing care facility in Ota City or who has experience working or is considering working in a nursing care facility Have Japanese-language ability of around the N3 level of the Japanese Language Proficiency Test 	

How to apply

GOCA webpage: https://www.ota-goca.or.jp/kaigo/



Inquiries

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Email info@ota-goca.or.jp

URL https://www.ota-goca.or.jp/

A New Multilingual "Ota City Libraries Guide"

Ota City has prepared a new guide providing basic information for using the Ota City Libraries. The guide is available in the following languages. We hope you will find it useful.



Have You Paid Your **Inhabitant Tax?**

The fourth payment of the inhabitant tax (special city inhabitant tax and metropolitan inhabitant tax) is due on January 31st.

Please mark your calendar and be sure to make your payment by the due date.

Please visit the office provided below or the Ota City website if you have questions about tax payments. If you have difficulty understanding Japanese, please consult with the Multilingual Consultation Desk (03-6424-8822).

> **Tax Payment Division a** 03-5744-1205 FAX 03-5744-1517

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URL https://www.lib.city.ota.tokyo.jp/

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